Requirements for Insurance

There are specific health insurance requirements for all Exchange Visitors and their dependents. Minimum coverage must include compensation of $100,000 for each illness or accident, $50,000 for medical evacuation, and $25,000 for repatriation of remains to the home country in case of death. Maternity benefits must be included. You must purchase insurance covering yourself and all dependents in the amounts listed above. You will need to have proof of insurance when you check in with my office.

J-1 Insurance Companies

ISO (800) 244-1180 www.isoa.org
The Harbour Group (No J-2 Coverage) (800) 252-8160 www.hginsurance.com
Seven Corners (cover J-1 and J-2’s) (800) 335-0611 www.sevencorners.com