The Personal Care Assistant Profession
Personal Care Assistants aid elderly, disabled, ill, and mentally disabled persons who live in their own homes or in a residential care facility. Some Personal Care Assistants work with families in which a parent is incapacitated, and small children need care. Others help discharged hospital patients who have relatively short-term needs. The U.S. Bureau of Labor Statistics (BLS) reported that hiring of personal care assistants is expected to increase by 26% from 2014 to 2024. Numerous job openings with excellent opportunities are expected. Job opportunities will be prevalent in hospitals, clinics, rehab centers, home care, long-term care facilities, hospice and assisted living facilities.

The Personal Care Assistant Program
This comprehensive program prepares students for a position as a Personal Care Assistant. Emphasis is on giving personal care in a client's home, communications, working with ill persons, basic human needs, eldercare, nutrition, special diets, housekeeping, and home management. This course covers the following key areas and topics:

➢ An overview of long-term care and memory care.
➢ Communicating with ill persons and elderly individuals
➢ Nutrition, special diets, and meal preparation
➢ Safe assistance in health care management, monitoring and rehabilitation
➢ Safe assistance with activities of daily living and housekeeping

Education & Certification
➢ Students should have or be pursuing a high school diploma or GED.
➢ There are no state approval and/or state requirements associated with this program.
➢ National Certification:
  o National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CCMA)

Detailed Course Topics Covered
• Describe long-term care in terms of the target populations, environment, care options
• Describe the physiological, psychological, and sociological changes related to aging
• Explain proper procedures for infection control in a home or residential environment
• Perform basic housekeeping procedures and safety for residents, staff, and visitors
• Explain procedures and strategies for planning, purchasing, and serving food
• Explain the proper procedures for safely assisting an individual in activities of daily living
• Explain procedures involved in caring for individuals with special needs
• Describe effective and appropriate care of an individual who is dying
• Explain proper care for infants and children in the home or residential setting
• Explain how to assist individuals in a home or residential environment
• Explain common preoperative and postoperative care procedures

Personal Care Assistant
Delivery: Online self-paced, mentor support
Hours: 750
Externship: Optional Placement Available
Tuition: $3,950
NHA Certification Exam Fee Included
Credential Achievement Guarantee
conditions apply

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