



## ASSISTED LIVING TECHNICIAN

### The Assisted Living Technician Profession

Assisted living is for the adult who needs help with everyday tasks, but desires to live somewhat independently and do not need full-time nursing care. They may require various levels of help in dressing, bathing, eating, toileting, or ambulation/transportation to other areas. Many assisted living facilities are part of retirement communities or a senior housing complex, and may be in close proximity to or even a part of a nursing home or a long-term care facility with full-time nursing care if the patient needs this level of care.

### The Assisted Living Technician Program

The emphasis of this program is on providing care to clients living in retirement communities or senior housing complexes where full-time care may not be required, but an understanding and professional staff is necessary to be there for them when needed. Seniors in these communities may require various levels and types of assistance depending on their specific situation, needs and wants. Assisted Living Technicians are compassionate, caring and skilled healthcare professionals that provide this assistance or care for the peace of mind of both the senior population in their charge and the families who wish to see their loved ones continue to thrive in their later years. Beyond the medical training provided, this course will ensure students have full understanding of the assisted living environment.

### Assisted Listing Technician

**Delivery:** Online self-paced, mentor support

**Hours:** 750

**Externship:** Optional Placement Available

**Tuition:** \$3,950

**NHA Certification Exam Fee Included**

**Credential Achievement Guarantee**  
*conditions apply*

### Education & Certification

- Students should have or be pursuing a high school diploma or GED.
- National Certification: **National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CCMA)**

### Detailed Course Topics Covered

- Long-term care in terms of the target populations, environment, care, costs, services, and regulations
- The physiological, psychological, and sociological changes related to aging
- Memory care needs and options for individuals with diseases and disorders
- Proper procedures for infection control.
- strategies for planning, purchasing, and serving food
- Procedures for safely assisting an individual in activities of daily living
- Fluid overload and dehydration prevention
- Procedures involved in caring for individuals with special needs such as cancer, immunosuppressive disorders, mental health issues, substance abuse disorders, specimen collections, changing dressings, testing blood glucose, administration of medication, and performing other types of common specialized care
- Effective and appropriate care of an individual who is dying
- Rehabilitative therapies for individuals in a residential environment
- Common preoperative and postoperative care procedures

National   
Healthcareer  
Association\*

**ENROLL TODAY!**

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