Dover, Del. (June 11, 2012) --- The Mid-Eastern Athletic Conference (MEAC) has announced that Delaware State University bowler Jazmyne Hefflefinger has been selected as the 2012 MEAC Woman-of-the-Year.

The award, selected annually by MEAC senior woman administrators, celebrates the achievements of female senior student-athletes who have excelled in academics, athletics, service and leadership.

Hefflefinger, a native of Harrisburg, Pa., will be honored during the annual MEAC Football Press Luncheon on Friday, July 20 at the Sheraton Waterside Hotel in Norfolk, Virginia.

She is the second Delaware State University student-athlete to earn the MEAC Women-of-the-Year award, joining former teammate Kalyn Washburn who was the 2010 honoree.

Hefflefinger helped lead the Hornets to consecutive MEAC championships and NCAA Tournament appearances in 2009 and 2010. A three-time All-MEAC selection, she also earned two MEAC All-Tournament (2009, ’10) honors and NCAA All-Tournament recognition in 2009.

As a senior this past season, Hefflefinger averaged 187.5 in 52 regular team games for the Hornets. She rolled a season-high 255 en route to earn all-tournament honors at the season opening Bethune-Cookman Wildcat Invitational last fall.

The 2012 Delaware State University Scholar-Athlete of the Year spent time off the lanes volunteering to build ramps for disabled persons, walking to raise awareness for the American Heart Association and AIDS research, and serving as a Tournament Official and Group Guide Facilitator for Special Olympics. Hefflefinger also donated her time to the DSU Community Park and Boys and Girls Club.

In addition, Hefflefinger served as a member of the Delaware State University and MEAC Student-Athlete Advisory Committee (SAAC) and the Fellowship for Christian Athletes, of which she was group leader during the 2011-12 academic year. She is also a former DSU bowling team captain.
Hefflefinger earned an undergraduate degree from Delaware State University last month with a 4.0 grade-point-average in Movement Science with a concentration in Pre-Health. She was presented the Presidential Academic Excellence Award during the university's May 20 commencement ceremony. Additional academic achievements include DSU President's List (2008-12), department Scholar-of-the-Year (2010-11; 2011-12), Dean's List (2008-12), MEAC Commissioner's All-Academic Team (2009-12) and U.S. Achievement Academy All-American Scholar (2007-08).

She has also been inducted into the Chi Alpha Sigma National Athletic Honor Society (2011) and National Society of Collegiate Scholars (2009).

Hefflefinger will represent the Mid-Eastern Athletic Conference in consideration for the NCAA Woman-of-the-Year award. The NCAA established the Woman of the Year Award in 1991 to celebrate the achievements of women in intercollegiate athletics. Now in its 22nd year, the award is unique because it recognizes not only the athletics achievements of outstanding young women, but also their academic achievements, community service and leadership.