INTRAMURAL SPORTS

INTRAMURAL-RECREATIONAL SPORTS PROGRAM
The Intramural-Recreational Sports Program at Delaware State University is one of many recreational opportunities provided by the Intramural-Recreational Department. This program is designed to provide students an opportunity to improve their quality of life by fostering sociological, physiological, and psychological growth. By design, this program provides a wide range of recreational sports activities for students based upon skill level and competitive environment desired.

All students are invited to be active participants in one or more of the recreational sports activities. This program should not be perceived as an opportunity to continue one’s athletic career even though the competition may be of extreme quality in some sports. The Intramural-Recreational Sports Program is designed to promote fun.

Division of Competition
The Intramural-Recreational Department offers a variety of sports activities to the student through the academic year. Within the team sport program, the following activities are offered: basketball, volleyball, football and swimming. Lifetime sports are individual or dual in nature and include tennis, racquetball, badminton, and golf. Some of the special events organized by the Intramural-Recreational Department are: Powder-puff football bowl, all-star alumni basketball, aerobics, and the Big Man on Campus (BMOC) weightlifting competition.

General Information
Eligibility - All currently enrolled students and currently employed faculty and staff at Delaware State University may participate in intramural activities.

Entry Procedures - All activities are publicized through the Hornet newspaper, semester calendars, and fliers. Upcoming activities are distributed to all groups on campus. See these publications for details.

Equipment - All team sport equipment is supplied for participants on the field of play (excluding gloves for softball). Individual activities require the participants to provide their own equipment.