Programs

Offered Programs	Program Description	Info/Schedule
Drop In Swim Clinic	This is an initiative based learn to swim program emphasizing stroke development and refinement. Personalized coaching from the aquatics staff will give you the tips necessary to improve your skills. Cost: Members/Student- FREE	
American Red Cross LEARN TO GUARD	In this Lifeguard Training course, you will learn about the duties and responsibilities of a lifeguard and how to carry them out in a professional manner. Successful completion of the course requires participation in classroom and skill sessions, as well as successful performance in skill and knowledge evaluations. Cost: Members/Students- $225 Non-members- $275	Lifeguard Training [1]
American Red Cross CPR/AED & First Aid	In these American Red Cross classes you will learn how to recognize and treat life-threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. Participants also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. Cost:Members/Students-$35 Non-members - $45	
American Red Cross Learn-to-Swim	The Wellness and Recreation center is pleased to offer swim lessons to the local community through Kent County Parks and Recreation. Our program offers lessons for kids ranging from the parent-child class up to the age of 14. All group lessons are a half hour and meet once a week for five weeks. You can register for the lessons at the Wellness and Recreation Center or by visiting the County website [2]. Cost: $71	Swimming Lessons [3]
	We are happy to offer private and semi-private lessons to the families of Faculty, Staff, WRC	Private Swim Lessons [4]

members, non-members as well as DSU students. In each session you will receive 5, half-hour lessons. These lessons feature flexible scheduling and more individualized instruction. Requires registration. Limit 3 individuals in a Semi-private lesson.
Private Cost:

- DSU Students - FREE
- DSU Faculty/Staff/Alumni- $95
- Member - $110
- Non-Member - $125

Semi-Private Cost:

- DSU Students - FREE
- DSU Faculty/Staff/Alumni- $70
- Member - $85
- Non-Member - $100

Source URL: http://www.desu.edu/student-affairs/programs

Links
[1] http://www.desu.edu/sites/default/files/u577/LG%20flyer_0.doc
[2] http://www.kentcountyrec.com
[3] http://www.desu.edu/sites/default/files/u1191/Swim%20Lessons%20S2015.pdf
[4] http://www.desu.edu/sites/default/files/u1191/Private%20Swim%20Lesson%20registration%20form.pdf